

# Church of the Resurrection

Praying in communion with our brothers and sisters at St. Peter parish in Roy-Sec, Haiti and Green Acres Presbyterian in Portsmouth.

3501 Cedar Lane • Portsmouth, VA 23703

Office Phone: 757-484-7335 • Fax: 757-484-5857

Emergency: 397-2768

www.reschurch.com • email: [info@reschurch.com](mailto:info@reschurch.com)

Office Hours: 9:00 a.m.-3:00 p.m., Monday-Friday

---

---

## PARISH STAFF

### Pastor:

Rev. Michael Boehling – [mboehling@reschurch.com](mailto:mboehling@reschurch.com)

### Parochial Vicar:

Rev. Kevin Segerblom – [segerblom@hotmail.com](mailto:segerblom@hotmail.com)

### Cluster Parishes Coordinator:

Jeff Foster – [jeffrey.foster@cox.net](mailto:jeffrey.foster@cox.net)

### Coordinator of Christian Formation:

Marisa Beebe

### Office Manager:

Chris Thies – [cthies@reschurch.com](mailto:cthies@reschurch.com)

### Office Assistant:

Laura Jennison – [ljennison@reschurch.com](mailto:ljennison@reschurch.com)

### Pastoral Musician:

Jennifer Glymph – [jglymph@reschurch.com](mailto:jglymph@reschurch.com)

### Pre-school Director:

Rima Gallagher – [respreschool@reschurch.com](mailto:respreschool@reschurch.com)

### Pre-school Assistant:

Lynn Wehner

### Nursery Coordinator:

Jackie Dillon – [JackieDill@aol.com](mailto:JackieDill@aol.com)

## PASTORAL COUNCIL

Chairperson: John Davidson

## FINANCE COUNCIL

Chairperson: Jean Hamaker

[jenhamaker@aol.com](mailto:jenhamaker@aol.com)

(See website for members of Finance Council)

## YOUTH MINISTRY COUNCIL

Chairperson: Catherine Chop

## LITURGIES

### Weekend Eucharist:

Saturday: 5:30 p.m.

Sunday: 10:30 a.m.

Nursery available during Sunday Liturgy.

### Weekday Eucharist:

Tuesday @ 11:30 a.m.; Wednesday @ 9:00 a.m.

### Holy Day Eucharist

9:00 a.m.

## SACRAMENTS

### Baptism:

Please contact the office to register for preparation sessions.

### First Eucharist:

Classes begin in the Fall.

First Eucharist is celebrated in May

### Marriage:

Contact parish office at least six months prior to the intended date.

### Reconciliation:

Saturday: 4:30 PM

## CATHOLIC SCHOOLS

Portsmouth Catholic Regional – 488-6744

Bishop Sullivan Catholic High School – 467-2881

Peninsula Catholic – 596-7247

If you are sick or going in the hospital, please contact the parish office. Privacy laws prevent the hospital from giving us information.

## NEW PARISHIONER PRELIMINARY REGISTRATION

Please fill out this form and return to the office or deposit it in the collection basket.

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_ City/St: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Unlisted:  Yes  No – Number of Family Under 21  Over 21

## SATURDAY, December 6

Second Sunday of Advent

- 4:30 p.m. Reconciliation (RR)
- 4:30 p.m. Choir (WC)
- 5:30 p.m. Eucharist (WC)
- 6:30 p.m. Liturgy Hospitality(C)

## SUNDAY, December 7

Second Sunday of Advent

- 10:30 a.m. Eucharist (WC)

## MONDAY, December 8

### Immaculate Conception

- 9:00 a.m. Eucharist
- 10:30 a.m. Quest Journey Group
- 7:00 p.m. Scouts (CH)
- 7:30 p.m. New Beginnings (C)

## TUESDAY, December 9

- 11:30 a.m. Eucharist (CHPL)
- 12:00 p.m. Older Adult Luncheon (CH)
- 6:00 p.m. Haiti Ministry Committee (A)
- 7:00 p.m. Cluster Formation Commission (A)
- 7:00 p.m. Finance Council (OH)

## WEDNESDAY, December 10

- 9:00 a.m. Eucharist (CHPL)
- 6:30 p.m. Adult Formation – Reconciliation Service (CH)
- 7:00 p.m. MOM'S Journey Group (CHPL)
- 7:30 p.m. Choir Rehearsal (WC)

## THURSDAY, December 11

- 10:30 a.m. Churchland Seniors (CH)

## FRIDAY, December 12

- 8:00 a.m. Sowers of Justice (CH)
- 9:00 a.m. – 11:00 a.m. Office Closed - Meeting

## SATURDAY, December 13

Third Sunday of Advent

- 4:30 p.m. Reconciliation (RR)
- 4:30 p.m. Choir (WC)
- 5:30 p.m. Eucharist (WC)

## SUNDAY, December 14

Third Sunday of Advent

- 10:30 a.m. Eucharist (WC)
- 11:45 a.m. E.H.R. CT (L)

### Key

- |                     |                                    |
|---------------------|------------------------------------|
| (A) Away            | (L) Library                        |
| (C) Commons         | (OH) O'Brien Hall (in Office Wing) |
| (CH) Caroluzza Hall | (RR) Reconciliation Room           |
| (CHPL) Chapel       | (WC) Worship Center                |

### December 1,2 Collection

Offertory	\$5,913.00
Other	<u>207.63</u>
Total Operating Income	\$6,120.63
Maintenance	\$ 90.00

## Blood Pressure and Blood Sugar Screenings

The Nurse Ministry of Resurrection holds blood pressure checks and blood sugar screenings after liturgies on the first weekend of each month.

(District 24-D LIONS provide supplies for the blood sugar screening, at no cost to the Church or parishioners, in order to encourage diabetes education and awareness. Diabetes is a major cause of blindness.) Please take advantage of the professional services of this ministry and encourage others to do likewise.

Thanks to the nurses, and the Western Branch LIONS for their ministry to our parishioners!

## Welcome, Maria Suarez

We want to welcome our new chairperson for our "Fellowship Ministry", Maria Suarez. We thank her for taking this position and we know she will do a great job!

## Adult Formation - December 2008

December 10 – Cluster Advent Reconciliation Service

December 17 – The Infancy Narrative

Times: 6:30 – 7:45 p.m.

Location: Church of the Resurrection

Childcare is available. Please join us!

## Young Adult Ministry

Join the Young Adult Ministry for a night of Christmas Bingo and Christmas Carol Karoke on December 16<sup>th</sup> at 6:30 pm at Church of Resurrection, 3501 Cedar Lane, Portsmouth. Bring your favorite Christmas treat to share, and enjoy coffee, hot chocolate, and hot apple cider. Free childcare will be provided. For more information, contact Shaylyn Baker at 485-2142 or [shaylynbaker@gmail.com](mailto:shaylynbaker@gmail.com) April Taylor at [amhtaylor@gmail.com](mailto:amhtaylor@gmail.com), or Roberto Pagtalunan at [pagtalunanrp@cox.net](mailto:pagtalunanrp@cox.net). Starting in January, YAM events will be held the 4<sup>th</sup> Tuesday of every month. Keep an eye on your bulletin or join our Facebook group at

<http://www.facebook.com/home.php#/group.php?gid=41369818017> for more information on upcoming events!

## Preschool Registration

Registration for the three-year-old and four-year classes at Church of the Resurrection Preschool opens January 5, 2009 to parishioners of Resurrection, Holy Angels, Saint Paul's, Saint Mary's and St. Therese. Beginning January 20<sup>th</sup>, registration is open to the community. Children must be age three or four by September 30<sup>th</sup> to register. Registration forms are available at the preschool or in the parish office. If you have any questions, please contact Rima Gallagher, the preschool director, through the parish office (484-7335) or via e-mail ([respreschool@reschurch.com](mailto:respreschool@reschurch.com)).

**DAILY EUCHARIST  
IN THE CLUSTER**

Monday, December 8  
**Feast of the Immaculate Conception**  
 9:00 a.m. at Resurrection  
 12:10 p.m. at St. Paul's  
 7:00 p.m. at St. Mary's

Tuesday, December 9  
 7:30 a.m. at St. Paul's,  
**11:30 a.m. at Resurrection**

Wednesday, December 10 **9:00 a.m. at Resurrection**

Thursday, December 11 9:30 a.m. at Holy Angels

Friday, December 12 7:30 a.m. at St. Paul's

**CLUSTER SUNDAY SCHEDULE**

<b>Holy Angels</b>		<b>Saint Mary's</b>
Saturday 4:00 p.m.		Sunday 9:00 a.m.
Sunday 10:30 a.m. (English)		
1:00 p.m. (Spanish)		
<b>Resurrection</b>		<b>St. Paul's</b>
<b>Saturday 5:30 p.m.</b>		Saturday 4:30 p.m.
<b>Sunday 10:30 a.m.</b>		Sunday 8:00 a.m.
		10:30 a.m.

**Christmas Meals & Gifts  
For Needy Families**

Oasis Social Ministry will be providing Christmas food and gifts for needy families again this year. Oasis is seeking donors who will provide food or gifts for a family or sponsor a family complete (Provide both food and gifts). The demand this year is greater than in past years and families of all sizes are available. Oasis representatives will be in the Commons this week to enlist our help.

**Cluster News**

This Monday, December 8, we celebrate the Solemnity of the Immaculate Conception. We remember Mary, who at her conception in the womb of her mother, experiences the timeless rewards won for us by the life, death and resurrection of the Son she will bear. The schedule of Masses is as follows: 9:00am at Church of the Resurrection (3501 Cedar Lane, Portsmouth); midday at 12:10pm at St. Paul's located in downtown Portsmouth at the corner of High and Washington Streets; an evening Mass at 7:00pm at St. Mary's (536 Homestead Road, Chesapeake).

Also this week, we celebrate our Advent Reconciliation service. This opportunity for communal prayer and examination of conscience with individual confession will take place on Wednesday, December 10, at Church of the Resurrection starting at 6:30pm. Fr. Mike, Fr. Kevin and other area priests will be available for individual confession and absolution. The season of Advent is a fitting time to turn our thoughts to renewing our relationship with God and one another. This is a wonderful opportunity for members of all our parishes to come together to express our desire to welcome the Lord with renewed minds and hearts!

Questions or comments about the Cluster may be addressed to the Cluster Parishes Coordinator, Jeff Foster, by email at [jeffrey.foster@cox.net](mailto:jeffrey.foster@cox.net) or by calling 485-2142.

<b>LITURGY</b>	<b><u>Dec. 6</u></b>	<b><u>Dec. 7</u></b>	<b><u>Dec. 13</u></b>	<b><u>Dec. 14</u></b>
<b>MASS COORDINATOR</b>	Gallagher Family	Ben & Perla Soloria	Ben & Perla Soloria	Gallagher Family
<b>SERVERS</b>	Ali Cox	Lori Palagyi	Carol Estock	Mary Kate Fowler
<b>LECTORS</b>	Rose Ware	John Davidson	Joe Chop	Mark Harriman
	Mary Fugere	Amelia Hill	Hugh Cox	Susan Hodges
<b>EUCH MINISTERS</b>	Team 3	Team A	Team 1	Team B
<b>SACRISTANS</b>	Pat Riordan	Mary Edmonds	Marcia Evancho	Julie Rich
<b>HOSPITALITY</b>	John Osborne	Hanrahan Family	Ed Jennison	Adrian Warner
<b>LINEN</b>	Mila Fermin		Jean Hamaker	
<b>COFFEE/DONUTS</b>		O'Neill Family		Fugere Family

# On the Kiosk

The following items and others are posted on the Kiosk in the Commons in detail. Check the Kiosk if interested.

## BON SECOURS SPIRITUAL CENTER

Events being held in the month of December.

## EMPLOYMENT OPPORTUNITIES:

City of Portsmouth

## Catholic Charities

Volunteers needed in several fields.

## PUBLIC CONVERSATION WITH GLEN BESA

U. S. Energy Needs and Local Sources

## HAITI MINISTRY COMMISSION

Regional Haiti Gatherings Schedule

## CATHOLIC CHARITIES:

Job vacancies; Donations for Grandparents raising children; Baby supplies needed.

## TWO DIOCESAN HAITI IMMERSION TRIPS:

November 29-December 6.

# PRAYER CORNER

Please remember in your prayers:

- those who are homebound or in nursing homes:  
Paula DeBrango, Mary Beth Conlan-Girtz, Sonja Gold, Kitty Gribok, Godfried Koppers, Jane Owen, Phyllis Parker, Jean Rowe;
- those who are ill and/or recently hospitalized:  
**Larry Brundage**, Bobbie Carroll, Carol Daniels, **Elizabeth & Dennis DeFeo**, **Shirley Freedman**, **Mike Glynn**, Ed Hanrahan, Mary Hill, **Dolores Hogan**, **Lillian Larkin**, Eddie & Bea LeBoeuf, **Darryl Manzer**, Marie Morlino, **Mary Virginia Myers**, **Bill O'Brien**, **Zachary Ozmon**, Chris Perry, Shirl Perry, Mike Phillips, Ed Roche, **Bertha Russo**, Gary Sammarco, Mary Lou & Jim Spacek, Mike Moreland
- all their caregivers;
- those who have lost loved ones: **Family of John Carroll**, **family of Alfred Crawford**, **Family of John and Rima Gallagher**, **George Evancho & family**, **family of David Mank**, **Mary Virginia Myers & family**, **Cathy Revell & family**, & **Brenda Tolson & family**, and **family of Tess Cummings**.
- and all who are in crisis,
- and remember all the families of the above. Let the office know if you or a family member would like to be included in this prayer column.

## GREEN ACRES PRESBYTERIAN

At the Ecumenical Prayer Service held in January, each of the participating Christian Churches carried a banner representing their community. As part of the ritual, there was an exchange of banners to encourage each Church to pray for each other. So when you enter the Commons and see their beautiful banner, please remember the Green Acres Presbyterian community in prayer.

## WELCOME TO OUR NEW FAMILY

### **The Irving Cintron Family**

have recently registered in the Parish. We offer a most sincere welcome to them and all the other families who have recently joined our parish family.

## PORTSMOUTH CATHOLIC SCHOOL

### **"Trash to Treasure" Program**

Please support PCES by depositing your Campbell's Soup Labels (including the UPC), Tyson Project A1, Box Tops for Education and Farm Fresh receipts in the box in the Commons. Your help is always appreciated.

### **Readings for December 8**

Immaculate Conception

First Reading – Genesis 3:9-15,20

Second Reading – Ephesians 1:3-6,11-12

Gospel – Luke 1:26-38

### **Readings for December 13,14**

First Reading – Isaiah 61:1-2a,10-11

Second Reading – Thessalonians 5:16-24

Gospel – John 1:6-8,19-28

# Justice & Peace

## OASIS SOCIAL MINISTRY

Did you know that Oasis provides all of the following programs: Soup Kitchen, Food Assistance, Senior Program, Edmarc Food Assistance, Bag Lunches and more?



### **Volunteers “Are” Oasis**

Oasis needs and welcomes volunteers. Hours are flexible to suit the individual. Help in the pantry, thrift shop, food pick-up and soup kitchen is needed. Donations of food, clothing, and funds are always welcome. Come visit us and see how you can help, or give us a call, 397-6060.

### **Preservation of Our Cathedral**

After 100 years of service to the diocese and Virginia, the Cathedral of the Sacred Heart is undergoing critical and prudent preservation projects to fortify it for a second century of ministry. Early lead gifts total \$3 million from Cathedral’s congregation, Bishop Walter Sullivan and Bon Secours Richmond and Hampton Roads. The goal is \$6 million. Bishop DiLorenzo has awarded a \$500,000 Challenge Gift to invite all to consider a gift, pledge or tax-wise planned gift. More to follow in *The Catholic Virginian* or contact: **Kim Kremer**  
[kkremer@richmondcathedral.org](mailto:kkremer@richmondcathedral.org) or 804-359-5651, ext.118.

## **RECYCLING HERE**

We are a green Parish!

You can bring in **all kinds of paper & cardboard, aluminum and steel cans and plastic and glass containers**. Please take the time to thoroughly clean any items that could attract bugs. Recycling containers are located in Caroluzza Hall **in the far corner by the windows. Break down cardboard boxes so that they will take less room in our recycling cans. Please deposit all recyclable items near the dumpsters located behind Caroluzza Hall when the Church is closed. Items left elsewhere clutter our entryway areas.** Thanks for your participation.

### **Seventh Theme of Catholic Social Teaching: Care for God’s Creation**

When we pay attention to the physical world around us, we get clear indications of where obedience to God’s loving Spirit is leading us in caring for creation. We must respect God’s nature; there comes a limit which the harm will be irreparable. Whole species of plants and animals have disappeared forever because we polluted their habitats; rain forests have been sacrificed to thoughtless logging enterprises; rivers and lakes have died because we dumped tons of sludge into them. This cannot be the Will of the Holy Spirit. Our God-given vocation includes obedience to and stewardship of the natural order. We are members of the community of all life.

### **Mass Intentions**

**So that they may be remembered in prayer**

December 6, 5:30 p.m. > **Hanz (John) Glen**  
Requested by Ray & Peg Cicirelli

December 7, 10:30am > **Al Dzikas**  
Requested by Faith Community of Resurrection

December 13, 5:30 p.m. > **Dr. Bill Dodson**  
Requested by Mike & Valerie Dodson

December 14, 10:30 a.m. > **Carmen Santos**  
Requested by Olga Valdivieso

> indicates deceased

### **Mass Intentions**

Everyone is welcome to request Mass Intentions to remember loved ones, who have died, or those who are sick; in Thanksgiving to God, for birthdays, anniversaries, etc. Mass intention envelopes are in the Commons bookcase and are available in the office. A stipend (donation) should be enclosed in the envelope. As we strive to honor requested dates please submit your completed Mass Intention envelope to the office as far in advance as possible.

## **Cluster Mass Schedule**

### **Christmas Eve**

**Resurrection – 5:00 p.m. and 10:00 p.m.**

**St. Paul's – 5:00 p.m. and 10:00 p.m.**

**St. Mary's – 7:00 p.m.**

**Holy Angels – 7:00 p.m.**

### **Christmas Day**

**St. Mary's – 9:00 a.m.**

**Resurrection – 10:30 a.m.**

**St. Paul's – 10:30 a.m.**

### **New Year's Day**

**St. Paul's – 12:10 p.m.**

# Wonderful Wizards of Needle and Thread

We would like to thank everyone responsible for our big success with our November Bazaar

Thank you to the following businesses who contributed to the Silent Auction:

Jumbo Buffet - The Book Owl - Kroger - Food Lion  
Maximum Hair - Jones Restaurant - La Toltteca - Do or Dye  
Jems by Jennie - Virginia Martial Arts Center  
Roger Brown's Restaurant - The Olive Garden - Party Lite  
Harris Tire - Terri Osborne GMT - Avon  
Commodore Theatre - Kettle Korn - Dennis Steak House  
Portsmouth Community Concerts - Great Expectations Salon  
Please support and visit these businesses who supported us.



Thank you to the following people who contributed to the Silent Auction:

Phyllis Swint - Kathleen Stenika - Lillian Larkin - Marie Gelormine  
Marie Moster - Pat Rountree - Sandra Poole - Barbara Whittington  
Jim Glaser - Terri Osborne - Sophie and Ed Norton  
Robert Breyer - Shirley Frenia - Cathy Curran - Chris Perry  
Irene Doxey - Pauline Degaraff - Judy Kuniba - Irene Doxey  
Betty Osborne - Irene Terry - Shirley Frenia - Marie Lambert  
Dave and Sam Hurley - Ellen Boyee - Cindy Freedman  
- Margaret Stephenson - Alberta Fisher - Carol Daniels  
Moyane Smith - Wanda Russo - Bobbie Gabriele - Pat Morgan  
Susan Davidson - Vivian Kujawski - Richard Lovelace



Thank you to all who anonymously gave gifts for the Silent Auction.

There were many of you.

Wonderful Wizards of Needle and Thread  
Church of the Resurrection  
3501 Cedar Lane  
Portsmouth, Virginia 23703

# FOSTER FUNERAL HOME

1926 High Street, Portsmouth 397-2391

Ben W. Foster, Sr. (1913-1988)    Bart T. Foster Parishioner    Brian P. Foster Manager

# BAKER-FOSTER FUNERAL HOME

Bary & Foster, Co-owners

**BENNETT'S CREEK CHAPEL**

5685 Lee Farm Lane, Suffolk, VA 483-1316

# BEN W. FOSTER, JR. D.D.S.

General and Restorative Dentistry  
3800 Poplar Hill Road - Suite F

484-8564 Parishioner

**Robert M. Jurko, MD**  
Century Professional Building  
3101 American Legion Road  
Suite 15  
Chesapeake, VA 23321



757-484-5516

Board Certified  
Internal Medicine  
Accepting New Patients

## FRITZ & OLSON PC INC.

Oral and Maxillofacial Surgery  
GLENN W. FRITZ D.D.S., Parishioner

4053 TAYLOR RD., SUITE M  
484-9441

## CAPE HENRY MECHANICAL, INC.

5666 Shoulders Hill Road  
P.O. Box 5363 Suffolk, VA 23435  
(804) 483-0036 FAX (804) 0970

## Loving FUNERAL HOME

3225 Academy Avenue  
Portsmouth, VA 23703  
(757) 484-3373

## Sturtevant Funeral Home, Inc.

Portsmouth Blvd. Chapel  
5201 Portsmouth Blvd.  
488-8348



Bennetts Creek Chapel  
2690 Bridge Rd. (Rte. 17)  
483-4392

## Washington Shoppes

OLD GEORGE WASHINGTON HIGHWAY CHESAPEAKE, VIRGINIA

Come Visit All of Our Shoppes Located Between  
Bank of Hampton Roads and the New Deep Creek Library



**Dan P. Buelk**  
PITTSBURGH PAINTS  
PH (757) 397-4594  
FAX (757) 399-4525  
dan@carouselpaint.com  
3558 Western Branch Blvd., Portsmouth, VA 23707

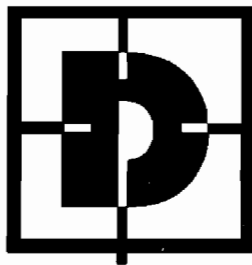
**COULTER SUPPLIES**  
Drapery & Upholstery  
(757) 583-9350 • 7917 Tidewater Dr.  
Foam Cushions • Fiber Products,  
Caning Supplies • Home Decor Fabrics  
Osborne Tools • Vinyl Fabrics

## STEVEN L. LANG, D.D.S.

Member of the Parish  
Family and General Dentistry  
6224 PORTSMOUTH BLVD.,  
PORTSMOUTH, VA 23701  
488-8884

**BEST FAMILY MOVING & STORAGE CO.**  
7 DAYS A WEEK - FREE ESTIMATES  
757-449-6320  
KIM & JEFF GALLAGHER  
APARTMENTS • HOUSES • OFFICE BUILDINGS

5680 Churchland Blvd. Portsmouth, Virginia 23703  
**EST. 1966** **KLINE** REALTY COMPANY  
Principal Broker  
Cellular 287-0582  
Parishioner



**TO PLACE AN AD,  
CALL DEE PRINTING AT  
1-800-292-9020**



**Commonwealth Surgical ASSOCIATES**  
Elias J. Arbid, M.D., F.A.C.S., F.I.C.S.  
Paul S. Hogg, M.D., F.A.C.S.  
C. Matthew McBee, M.D., F.A.C.S.  
Chad M. McKenzie, D.O.  
Jeffrey Riblet, M.D., F.A.C.S.  
Vasken K. Tenekjian, M.D., F.A.C.S.  
3640 High Street, Suite 2F • Portsmouth, Virginia 23707-3236  
PHONE: (757) 397-2383 FAX (757) 397-5201  
2790 Godwin Boulevard, Suite 305 • Suffolk, Virginia 23434-4351  
PHONE: (757) 539-7824 FAX (757) 538-9474  
MEMBER OF SOUTHERN SURGICAL ASSOCIATES, PLLC  
General & Vascular Surgery • Cardiothoracic Surgery  
Vein Closure • Varicose & Spider Vein Injections

### W. H. E. CONSTRUCTION

Vinyl Siding Replacement Windows Custom Trim • Remodeling  
Bill Etheredge, Sr. Bill Etheredge, Jr. Office: 435-3295  
435-3076 or 435-3295  
Certified James Hardie Building Products  
Call for your FREE Estimate!

### JAMES V. CORNETTA, O.D. WILLIAM F. DAMRON, O.D. KRISTINA L. RAMSEY, O.D.

DOCTORS OF OPTOMETRY  
226 FORT LANE, PORTSMOUTH  
CORNER OF CRAWFORD AND FORT  
393-6131

### BON SECOURS HAMPTON ROADS



**Internists at Western Branch (757) 465-8450**  
Elizabeth D. Forrest, MD (Internal Medicine),  
Noel L. Hunte, MD (Internal Medicine)  
4020 Raintree Road, Suite B,  
Chesapeake, VA 23321

**Nansemond Suffolk Family Practice (757) 484-7248**  
Baher A. Basta, MD (Internal Medicine),  
Nikki L. Graves, MD (Family Practice)  
Karen D. Wilson Smith, MD (Family Practice)  
2897 Bridge Road, Suffolk, VA 23435

**Western Branch Family Practice (757) 686-5673**  
Alison Christian-Taylor (Family Practice),  
Chinmayee Debnath, MD (Family Practice)  
Olugbenga S. Oredein, MD (OB/GYN),  
Barbara Schimming, MS, FNP (Family Nurse Practitioner)  
3523 Taylor Road, Suite 200, Chesapeake, VA 23321

**Harbour View Family Practice and Sports Medicine**  
Anand Kapur, MD (Sports Medicine),  
Laura Crittenden Kellogg, MD (Family Practice),  
5818 Harbour View Boulevard, Suite B2,  
Suffolk, VA 23435  
(757) 673-5890