

# Church of the Resurrection

Praying in communion with our brothers and sisters at St. Peter parish in Roy-Sec, Haiti and Green Acres Presbyterian in Portsmouth.

3501 Cedar Lane • Portsmouth, VA 23703

Office Phone: 757-484-7335 • Fax: 757-484-5857

Emergency: 397-2768

www.reschurch.com • email: [info@reschurch.com](mailto:info@reschurch.com)

Office Hours: 9:00 a.m.-3:00 p.m., Monday-Friday

---

---

## PARISH STAFF

### Pastor:

Rev. Michael Boehling – [mboehling@reschurch.com](mailto:mboehling@reschurch.com)

### Parochial Vicar:

Rev. Kevin Segerblom – [segerblom@hotmail.com](mailto:segerblom@hotmail.com)

### Cluster Parishes Coordinator:

Jeff Foster – [jeffrey.foster@cox.net](mailto:jeffrey.foster@cox.net)

### Coordinator of Christian Formation:

Marisa Beebe

### Office Manager:

Chris Thies – [cthies@reschurch.com](mailto:cthies@reschurch.com)

### Office Assistant:

Laura Jennison – [ljennison@reschurch.com](mailto:ljennison@reschurch.com)

### Pastoral Musician:

Jennifer Glymph – [jglymph@reschurch.com](mailto:jglymph@reschurch.com)

### Pre-school Director:

Rima Gallagher – [respreschool@reschurch.com](mailto:respreschool@reschurch.com)

### Pre-school Assistant:

Lynn Wehner

### Nursery Coordinator:

Jackie Dillon – [JackieDill@aol.com](mailto:JackieDill@aol.com)

## PASTORAL COUNCIL

Chairperson: John Davidson

## FINANCE COUNCIL

Chairperson: Jean Hamaker

[jenhamaker@aol.com](mailto:jenhamaker@aol.com)

(See website for members of Finance Council)

## YOUTH MINISTRY COUNCIL

Chairperson: Catherine Chop

## LITURGIES

### Weekend Eucharist:

Saturday: 5:30 p.m.

Sunday: 10:30 a.m.

Nursery available during Sunday Liturgy.

### Weekday Eucharist:

Tuesday @ 11:30 a.m.; Wednesday @ 9:00 a.m.

### Holy Day Eucharist

9:00 a.m.

## SACRAMENTS

### Baptism:

Please contact the office to register for preparation sessions.

### First Eucharist:

Classes begin in the Fall.

First Eucharist is celebrated in May

### Marriage:

Contact parish office at least six months prior to the intended date.

### Reconciliation:

Saturday: 4:30 PM

## CATHOLIC SCHOOLS

Portsmouth Catholic Regional – 488-6744

Bishop Sullivan Catholic High School – 467-2881

Peninsula Catholic – 596-7247

If you are sick or going in the hospital, please contact the parish office. Privacy laws prevent the hospital from giving us information.

## NEW PARISHIONER PRELIMINARY REGISTRATION

Please fill out this form and return to the office or deposit it in the collection basket.

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_ City/St: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Unlisted:  Yes  No – Number of Family Under 21  Over 21

**SATURDAY, March 21**

Fourth Sunday of Lent

- 4:30 p.m. Reconciliation (RR)
- 4:30 p.m. Choir (WC)
- 5:30 p.m. Eucharist (WC)

**SUNDAY, March 22**

Fourth Sunday of Lent

- 9:00 a.m. Christian Formation
- 10:30 a.m. Eucharist (WC)
- 5:00 p.m. Christian Formation

**MONDAY, March 23**

- 10:30 a.m. Quest Journey Group (CHPL)
- 7:00 p.m. Scouts (CH)
- 7:00 p.m. New Beginnings (C)

**TUESDAY, March 24**

- 10:00 a.m. Sewing Circle (CH)
- 11:30 a.m. Eucharist (CHPL)
- 7:00 p.m. Youth Adult Ministry (CH)

**WEDNESDAY, March 25**

- 9:00 a.m. Eucharist (CHPL)
- 7:00 p.m. Adult Formation (CH)
- 7:00 p.m. MOMS Journey Group (CHPL)
- 7:30 p.m. Choir Rehearsal (WC)

**THURSDAY, March 26**

- 10:30 a.m. Churchland Seniors (CH)

**FRIDAY, March 27**

**SATURDAY, March 28**

Fifth Sunday of Lent

- 1:00 p.m. RCIA Retreat (CH)
- 4:30 p.m. Reconciliation (RR)
- 4:30 p.m. Choir (WC)
- 5:30 p.m. Eucharist (WC)

**SUNDAY, March 29**

Fifth Sunday of Lent

- 9:00 a.m. Christian Formation
- 10:30 a.m. Eucharist (WC)
- 5:00 p.m. Christian Formation

**Key**

- |                     |                                    |
|---------------------|------------------------------------|
| (A) Away            | (L) Library                        |
| (C) Commons         | (OH) O'Brien Hall (in Office Wing) |
| (CH) Caroluzza Hall | (RR) Reconciliation Room           |
| (CHPL) Chapel       | (WC) Worship Center                |

**Operation Rice Bowl Updates – March 22**

As we continue our Operation Rice Bowl journey let us remember in prayer that all humanity has been made in the image of God. Through our actions we must express that each person is precious and that the lives and welfare of all people are priorities. May our fasting keep us mindful of the hunger of the people of the world.

**March 14,15 Collection**

Offertory	\$ 6802.00
Maintenance	152.00
Other	1766.32
 Total	 \$ 8730.32

**Adoration of the Blessed Sacrament**

"Join us for Adoration of the Blessed Sacrament with Evening Prayer and Benediction on Sunday, March 29 at St. Mary's (Bower's Hill, Chesapeake) from 3 until 4pm. This is a wonderful opportunity for prayer during the season of Lent."

**Young Adult Ministry**

The next meeting of the Young Adult Ministry will be on Tuesday, March 24th at Church of the Resurrection, 3501 Cedar Lane in Portsmouth at 7 pm. We will be talking about Reconciliation. Please join us for an evening of fellowship and discussion. Snacks and childcare will be provided.

Our meetings are regularly held on the fourth Tuesday of the month at Church of the Resurrection. For more information on this or other YAM gatherings, please contact Shaylyn Baker at 485-2142 or shaylyn.baker@gmail.com, April Taylor at amhtaylor@gmail.com, or Roberto Pagtalunan at pagtalunanrp@cox.net.

**Haiti Ministry**

The cluster Haiti mission trip is firmly planned for April 22 to April 29. You still have time to join us if you hurry. It will change your life. Pere Pol emailed us that our people are eager to see us again. We are very excited to be going back this year.

We need your prayers for the success of the water project in Roy-sec. So far they have not found water. Clean water is critical to changing the lives of the people of Roy-sec. We will be working with Pere Pol on preparing Woman leaders to maintain the well if they are successful... All our efforts will be wasted if the drillers can't find water so PRAY, PRAY and PRAY.

Thank you for your donations of embroidery floss. We have plenty. We are still in need of ball caps for the children in adult and child sizes. Our Children often walk miles to get to school in the hot sun. The hats will give them some protection from sun. We still need bright sports yarn for crocheting and also plastic canvas for crafts. If you have travel size shampoos, soaps, toothpaste, toothbrushes and washcloths, we would love to have them. We are making up Hygiene kits for the children. Thank you again for you support. Contact Naida Wyckoff at 686-4453, Helmi 485-1933 at to Huguette 537-2296 if you have any questions.

**Stations of the Cross**

Stations of the Cross will be prayed each Friday of Lent at St. Paul's and Holy Angels at 5:30 p.m.

Good Friday Stations of the Cross will be prayed at 12:10 p.m. at Holy Angels and 3:00 p.m. at Saint Mary's, Bowers Hill.

**DAILY EUCHARIST  
IN THE CLUSTER**

Monday, Mar. 23            9:30 a.m. Mass at Holy Angels  
 Tuesday, Mar. 24        7:30 a.m. Mass at St. Paul's,  
    **11:30 a.m. Mass at Resurrection**  
 Wednesday, Mar. 25    **9:00 a.m. Mass at Resurrection**  
 Thursday, Mar. 26       9:30 a.m. Mass at Holy Angels  
 Friday, Mar. 27           7:30 a.m. Mass at St. Paul's

**CLUSTER SUNDAY SCHEDULE**

<b>Holy Angels</b>		<b>Saint Mary's</b>
Saturday 4:00 p.m.		Sunday 9:00 a.m.
Sunday 10:30 a.m. (English)		
1:00 p.m. (Spanish)		
<b>Resurrection</b>		<b>St. Paul's</b>
<b>Saturday 5:30 p.m.</b>		Saturday 4:30 p.m.
<b>Sunday 10:30 a.m.</b>		Sunday 8:00 a.m.
		10:30 a.m.

**Cluster Holy Week Masses**

**Holy Thursday**

St. Paul's – 7:00 p.m.

**Good Friday**

Resurrection – 7:00 p.m.

**Easter Vigil**

St. Paul's – 8:30 p.m.

**Easter**

St. Paul's – 8:00 a.m. & 10:30 a.m.

Resurrection – 8:30 a.m. & 10:30 a.m.

St. Mary's – 9:00 a.m.

Holy Angels – 10:30 a.m. &  
 1:00 p.m. (Spanish)

**Cluster News**

The three traditional disciplines of Lent are fasting, almsgiving and prayer. These are meant to help us grow in our relationship with the Lord. As we continue our observance of this season there are still many opportunities to engage our bodies, minds and spirits in this relationship. This Wednesday (March 25, 7:00pm, Resurrection) all are invited to join Mr. Joseph Sych for an exploration of prayer and meditation. Next Sunday (March 29, 3:00pm, St. Mary's) there will be a Holy Hour with adoration of the Blessed Sacrament, Evening Prayer and Benediction. Next Wednesday (April 1, 7:00pm, Resurrection) our adult formation session will focus on the Passion Narratives that are central to our celebration of Holy Week. Don't miss these wonderful opportunities to experience the richness of this Lenten season.

Questions or comments about the Cluster may be addressed to the Cluster Parishes Coordinator, Jeff Foster, by email at [jeffrey.foster@cox.net](mailto:jeffrey.foster@cox.net) or by calling 485-2142.

**Preschool Registration**

Church of the Resurrection Preschool is currently enrolling for 2009-2010 school year. For more information and for registration forms please visit <http://www.reschurch.com/preschool.htm> or contact Rima Gallagher, Director through the parish office (484-7335) or via e-mail ([respreschool@reschurch.com](mailto:respreschool@reschurch.com)).

**Chrism Mass**

"For those who are interested in attending the Chrism Mass, the Mass at which the bishop blesses the holy oils to be used for anointing in every parish of the diocese and during which our priests renew their commitment to service. A bus will leave the parking lot of Church of the Resurrection at 1:00pm to travel to Richmond on Monday, April 6th. We will stop for lunch on the way and have time to enjoy the Cathedral prior to Mass, returning to Resurrection around 10:00pm. \$30 per person includes transportation and lunch. To reserve a space, please contact Jeff Foster at 485-2142 or by email at [jeffrey.foster@cox.net](mailto:jeffrey.foster@cox.net).

<b>LITURGY</b>	<b><u>Mar. 21</u></b>	<b><u>Mar. 22</u></b>	<b><u>Mar. 28</u></b>	<b><u>Mar. 29</u></b>
<b>MASS COORDINATOR</b>	Kate & Dan Gover	Ben & Perla Soloria	John & Rima Gallagher	Sydney Moroney
<b>SERVERS</b>	Hugh Cox	Lori Palagyi	Ali Cox	Mary Kate Fowler
<b>LECTORS</b>	Sam Russo	Joe Chop	Hugh Cox	John Davidson
	Rose Ware	Pamela Tallman	Patricia Hulsey	Amelia Hill
<b>EUCH MINISTERS</b>	Team 3	Team D	Team 1	Team A
<b>SACRISTANS</b>	Shirley Frenia	Julie Rich	Rosalie Moster	Perla Soloria
<b>HOSPITALITY</b>	John Osborne	Tart Daniels	Ed Jennison	Adrian Warner
<b>LINEN</b>	Maureen Harman		Myrta Menendez	
<b>COFFEE/DONUTS</b>		Laliberte Family		Kilduff Family

# On the Kiosk

The following items and others are posted on the Kiosk in the Commons in detail. Check the Kiosk if interested.

## **BON SECOURS SPIRITUAL CENTER**

Events being held in the month of March and April

## **EMPLOYMENT OPPORTUNITIES:**

City of Portsmouth

## **Catholic Charities**

Volunteers needed in several fields.

## **DOMINICAN RETREATS**

Retreat Schedule for March

## **JUSTICE AND PEACE EVENTS**

Schedule of events in March

## **PUBLIC CONVERSATION WITH GLEN BESA**

U. S. Energy Needs and Local Sources

## **REFUGEE AND IMMIGRATION SERVICES**

"For I was a stranger and you welcome me."

## **SETON YOUTH SHELTERS**

Annual Campaign information

## **HAITI MINISTRY COMMISSION**

Regional Haiti Gatherings Schedule

## **CATHOLIC CHARITIES:**

Job vacancies; Donations for Grandparents raising children; Baby supplies needed.

## PRAYER CORNER

### **Please remember in your prayers:**

- **those who are homebound, nursing homes or assisted living:** Paula DeBrango, Mary Beth Conlan-Girtz, Sonja Gold, Kitty Gribok, Godfried Koppers, Jane Owen, Phyllis Parker, Jean Rowe, Shirley Freedman, Ed Roche;
- **those who are ill and/or recently hospitalized:** Larry Brundage, Mike Glynn, Ed Hanrahan, Mary Hill, Lillian Larkin, Eddie LeBoeuf, Darryl Manzer, Marie Morlino, Mary Virginia Myers, Chris Perry, Shirl Perry, Mike Phillips Gary Sammarco, Ed & Dell Smusz, and Mary Lou & Jim Spacek.
- **all their caregivers;**
- **those who have lost loved ones:** Family of Averi Valdivieso, Family of Delores Hogan, Family of Dan Borick, Family of Leonard Rich, Family of Mike Moreland, Family of Bill O'Brien, Family of Beatrice LeBoeuf Sr., family of Alfred Crawford, George Evancho & family and Cathy Revell & family.
- **and all who are in crisis. and remember all the families of the above.**
- Please let the office know if you or a family member would like to be included in this prayer column.

## **Freedom Writers Letters**

Letters for March are ready to be picked up from the mailbox in the Vestry (the room next to the Sacristy). Grateful thanks to FREEDOM WRITERS for your work on behalf of PRISONERS OF CONSCIENCE whose human rights are violated. Do you have a little time to spare to send letters once a month? Call Kathleen Stenicka at 484-9530.

## **GREEN ACRES PRESBYTERIAN**

At the Ecumenical Prayer Service held in January, each of the participating Christian Churches carried a banner representing their community. As part of the ritual, there was an exchange of banners to encourage each Church to pray for each other. So when you enter the Commons and see their beautiful banner, please remember the Green Acres Presbyterian community in prayer.

## **PORTSMOUTH CATHOLIC SCHOOL**

### **"Trash to Treasure" Program**

Please support PCES by depositing your Campbell's Soup Labels (including the UPC), Tyson Project A1, Box Tops for Education and Farm Fresh receipts in the box in the Commons. Your help is always appreciated.

## **FOCA**

There will be a special seminar to address Freedom Of Choice Act (FOCA) issues at Regent University on Thursday, 26 March, 2009. It will be held in room 116 of the Robertson Hall building at 7 - 9 p.m. Mr. Clarke Forsythe, Senior Council and distinguished attorney for Americans United for Life will be the keynote speaker. Everyone is invited to attend.

### **Readings for March 28, 29**

#### **Fifth Sunday of Lent**

First Reading – Ezekiel 37:12-14

Second Reading – Romans 8:8-11

Gospel – John 11:1-45

# Justice & Peace

## OASIS SOCIAL MINISTRY

Did you know that Oasis provides all of the following programs: Soup Kitchen, Food Assistance, Senior Program, Edmarc Food Assistance, Bag Lunches and more?



### **Oasis Angels and Friends**

The Angels and Friends Program makes it possible to reach more truly needy individuals and families. Please consider donating to this worthy group.

### **Help for uninsured and pregnant women**

Many uninsured children and pregnant women in Hampton Roads are eligible for free or low cost health insurance, but remain uninsured. Application and eligibility information is available at [www.famis.org](http://www.famis.org) or by calling 1-866-87famis. Please circulate this information to those who are in need of health care or those who may know someone in need.

Please pray for the repose of the soul of **Averi Valdivieso**, the sixteen year old granddaughter of **Olga Valdivieso**. She passed away on March 12, 2009 in North Carolina.

### **Mass Intentions**

**So that they may be remembered in prayer**

- |          |            |  |
|----------|------------|--|
| March 21 | 5:30 p.m.  | > <b>Joseph &amp; Margaret Mancuso</b><br>> <b>Josephine Bason</b><br>Requested by Bill & Betty Bason                      |
| March 22 | 10:30 a.m. | > <b>Dennis M. Hotaling</b><br>Requested by Mary E. Hotaling<br><br>> <b>Dolores Hogan</b><br>Requested by Olga Valdivieso |
| March 24 | 11:30 a.m. | > <b>Averi Valdivieso</b><br>Requested by <b>The Charles Wilson Family</b>   |
| March 28 | 5:30 p.m.  | > <b>Margaret Osborne</b><br>Requested by <b>John &amp; Betty Osborne</b>  |
| March 29 | 10:30 a.m. | > <b>Pho BaLong</b><br>Requested by <b>Eleanor &amp; Bob Parker</b>  |

> indicates deceased



### **RECYCLING HERE**

We are a green Parish!

You can bring in **all kinds of paper & cardboard, aluminum and steel cans and plastic and glass containers**. Please take the time to thoroughly clean any items that could attract bugs. Recycling containers are located in Caroluzza Hall **in the far corner by the windows. Break down cardboard boxes so that they will take less room in our recycling cans. Please deposit all recyclable items near the dumpsters located behind Caroluzza Hall when the Church is closed. Items left elsewhere clutter our entryway areas.** Thanks for your participation.

### **April 3 - April 4, 2009 ~ 26 hour SILENT RETREAT**

for Catholic Young Adults (Men and Women) ages 18 - 39. Join us for a SILENT RETREAT at the Holy Family Retreat House in Hampton. Participants will be asked to create an interior and exterior silence, so that they can listen to the voice of the Lord and prayerfully prepare for the celebration of Easter! Participants are requested to shut off all of cell phones, iPods and computers and to refrain from talking. The retreat will be led by Fr. Michael Renninger. For more information, contact the Office of Vocations at [mrenninger@richmonddiocese.org](mailto:mrenninger@richmonddiocese.org). The cost of the retreat is \$30. Space is limited - sign up soon!

### **Seventh Theme of Catholic Social Teaching:**

Care of God's Creation

Sowers of Justice

Nature's Motto: "Work smarter, not harder."

A facet of a cooperative economy is nature's use of adaptive strategies to enable creatures to live comfortably in their different habitats. In order to avoid waste, nature fine tunes each creature, its weight, size, structure and metabolism so that it can function in its own habitat and do just what it needs to do.

Birds have marvelous energy conservation mechanisms that enable them to fly over continents and oceans without eating.

There is a cleaning service performed by many species of fish. The cleaners establish fixed stations, and other fish come to get cleaned. They allow the cleaner to forage their gills and teeth, and they do not eat the cleaner. The cleaners feed on parasites, the hosts receive some infection prevention and go away lighter and cleaner, feeling like they've been to the beauty parlor. This cleaning symbiosis is a marvelous example of cooperation!

Let us do all we can to respect God's nature!

**FOSTER FUNERAL HOME**

1926 High Street, Portsmouth 397-2391

Ben W. Foster, Sr.  
(1913-1988)Bart T. Foster  
ParishionerBrian P. Foster  
Manager**BAKER-FOSTER FUNERAL HOME**

Bart &amp; Brian Foster, Co-owners

**BENNETT'S CREEK CHAPEL**

5685 Lee Farm Lane, Suffolk, VA 483-1316

**BEN W. FOSTER, JR.  
D.D.S.**General and Restorative Dentistry  
3800 Poplar Hill Road - Suite F

484-8564 Parishioner

**Robert M. Jurko, MD**  
Century Professional Building  
3101 American Legion Road  
Suite 15  
Chesapeake, VA 23321

757-484-5516

Board Certified  
Internal Medicine  
Accepting New Patients*Loving* FUNERAL HOME3225 Academy Avenue  
Portsmouth, VA 23703  
(757) 484-3373**FRITZ & OLSON PC INC.**Oral and Maxillofacial Surgery  
GLENN W. FRITZ D.D.S., Parishioner4053 TAYLOR RD., SUITE M  
484-9441**CAPE HENRY  
MECHANICAL, INC.**5666 Shoulders Hill Road  
P.O. Box 5363 Suffolk, VA 23435  
(804) 483-0036 FAX (804) 0970*Sturtevant Funeral Home, Inc.*Portsmouth Blvd. Chapel  
5201 Portsmouth Blvd.  
488-8348Bennetts Creek Chapel  
2690 Bridge Rd. (Rte. 17)  
483-4392*Washington Shoppes*

OLD GEORGE WASHINGTON HIGHWAY CHESAPEAKE, VIRGINIA

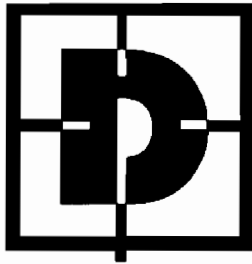
Come Visit All of Our Shoppes Located Between  
Bank of Hampton Roads and the New Deep Creek Library**Dan P. Buelk**PH (757) 397-4594  
FAX (757) 399-4525  
dan@carouselpaint.com

3558 Western Branch Blvd., Portsmouth, VA 23707

**GOULTER SUPPLIES**Drapery & Upholstery  
(757) 583-9350 • 7917 Tidewater Dr.  
Foam Cushions • Fiber Products,  
Caning Supplies • Home Decor Fabrics  
Osborne Tools • Vinyl Fabrics**STEVEN L. LANG, D.D.S.**Member of the Parish  
Family and General Dentistry  
6224 PORTSMOUTH BLVD.,  
PORTSMOUTH, VA 23701  
488-8884

5680 Churchland Blvd. Portsmouth, Virginia 23703

EST. 1966

**KLINE**REALTY  
COMPANYBILL KLINE, CRS, GRI  
Office (757) 484-0123  
Fax (757) 484-6508Principal Broker  
Cellular 287-0582  
Parishioner**TO PLACE AN AD,  
CALL DEE PRINTING AT  
1-800-292-9020****Commonwealth Surgical  
ASSOCIATES**

Elias J. Arbid, M.D., F.A.C.S., F.I.C.S.

Paul S. Hogg, M.D., F.A.C.S.

C. Matthew McBee, M.D., F.A.C.S.

Chad M. McKenzie, D.O.

Jeffrey Riblet, M.D., F.A.C.S.

Vasken K. Tenekjian, M.D., F.A.C.S.

MEMBER OF SOUTHERN SURGICAL ASSOCIATES, PLLC

General & Vascular Surgery • Cardiothoracic Surgery  
Vein Closure • Varicose & Spider Vein Injections3640 High Street,  
Suite 2F • Portsmouth,  
Virginia 23707-3236

PHONE:

(757) 397-2383

FAX (757) 397-5201

2790 Godwin Boulevard,  
Suite 305 • Suffolk,  
Virginia 23434-4351

PHONE:

(757) 539-7824

FAX (757) 538-9474

**W. H. E. CONSTRUCTION**Vinyl Siding  
Replacement Windows  
Custom Trim • RemodelingBill Etheredge, Sr.  
Bill Etheredge, Jr.  
Office: 435-3295All Types of  
Home  
Improvements  
and Repairs

435-3076 or 435-3295

Certified Building Products

Call for your **FREE** Estimate!**JAMES V. CORNETTA, O.D.****WILLIAM F. DAMRON, O.D.****KRISTINA L. RAMSEY, O.D.**

DOCTORS OF OPTOMETRY

226 FORT LANE, PORTSMOUTH  
CORNER OF CRAWFORD AND FORT

393-6131

**BON SECOURS  
HAMPTON ROADS****Internists at Western Branch (757) 465-8450**

Elizabeth D. Forrest, MD (Internal Medicine),

Noel L. Hunte, MD (Internal Medicine)

4020 Raintree Road, Suite B,  
Chesapeake, VA 23321**Nansemond Suffolk Family Practice (757) 484-7248**

Baher A. Basta, MD (Internal Medicine),

Nikki L. Graves, MD (Family Practice)

Karen D. Wilson Smith, MD (Family Practice)

2897 Bridge Road, Suffolk, VA 23435

**Western Branch Family Practice (757) 686-5673**

Alison Christian-Taylor (Family Practice),

Chinmayee Debnath, MD (Family Practice)

Olugbenga S. Oredein, MD (OB/GYN),

Barbara Schimming, MS, FNP (Family Nurse Practitioner)

3523 Taylor Road, Suite 200, Chesapeake, VA 23321

**Harbour View Family Practice and Sports Medicine**

Anand Kapur, MD (Sports Medicine),

Laura Crittenden Kellogg, MD (Family Practice),

5818 Harbour View Boulevard, Suite B2,  
Suffolk, VA 23435

(757) 673-5890